

Combination Sandwiches

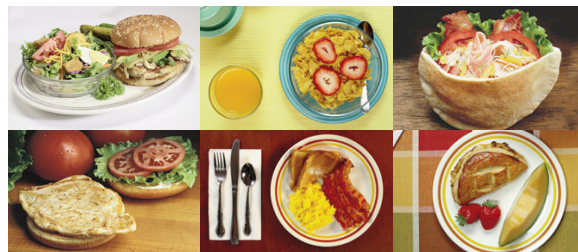
(Different combinations available weekly and upon request)

- American Hero:** Roast Beef, Turkey, Ham, American Cheese, Lettuce, Tomato, Russian Dressing on a hero\$6.95
- Parma Prosciutto:** Italian Prosciutto, Fresh Mozzarella, Thinly sliced tomatoes, fresh basil, extra virgin olive oil and aged balsamic vinegar on baguette\$7.25
- Pastrami or Corned Beef Reuben:** Sliced Pastrami or Corned Beef, sauerkraut, and Swiss cheese with Russian dressing or spicy mustard\$6.50
- Basil Chicken:** Grilled Chicken, Roasted Peppers, Lettuce, Tomato, Basil, and Fresh Mozzarella\$6.95
- Roast Beef:** Roast beef, grilled Portobello mushrooms, brie cheese, and Spinach\$6.50
- Spicy Chicken:** Spicy grilled chicken with melted pepper jack cheese, roasted peppers, onion and chipotle pepper spread\$6.50
- Chicken Cutlet, Bacon, Melted Swiss, Lettuce, Tomato and Honey Mustard\$6.95
- Chicken Cutlet Parmesan\$6.50
- Philly Steak or Philly Chicken, Peppers, Onions, Mushroom, Cheese\$6.50
- Grilled Cheese\$3.75
- High Protein Special:** Sausalito Turkey, Avocado, Cucumber, Fresh Mozzarella, Hot Pepper, Chipotle Spread on Baguette\$7.75
- Mediterranean Sea Turkey Burger:** Hummus, Sweet Pepper, Tomato, Onion, Avocado, Spinach on Baguette\$7.75
- Marilyn Monroe:** Chicken Breast, Pepperoni, Fresh Mozzarella on sub roll\$6.50
- Thanksgiving Hero:** Oven Gold Turkey Breast with Cranberry Sauce sub roll\$6.50
- Louisiana Lightning:** Italian Roast Beef, Fresh Mozzarella, with Steak Sauce on toasted hero\$6.50
- The "Marin":** Avocado, Tomato, Provolone Cheese on wheat\$4.75

Paninis

(Different combinations available weekly and upon request)

- Capri:** smoked Turkey, Pepperoni, Provolone Cheese, Spinach, Cherry Peppers and Parmigiana Cheese ...\$6.50
- Godfather:** Roasted Beef, Provolone Cheese, Grilled Red Onions, Lettuce, Tomato, Horseradish Sauce ...\$6.50
- Chicken Fajita:** Grilled Chicken, Cheddar Cheese, Roasted Peppers, Onions and Salsa\$6.50
- Monte Cristo:** Ham, Smoked Turkey, Swiss, Cheddar, Lettuce, Tomato, Honey Mustard\$6.50
- The Russian:** Toasted Beef, Muenster Cheese, Red Onions, Lettuce, Tomatoes, and Russian Dressing ...\$6.50
- Cubano:** Honey Ham, Honey Turkey, Swiss Cheese, Cole Slaw, Spinach\$6.50
- Garden Veggie:** Mix Grilled Veggies, Fresh Mozzarella, w/Teriyaki or Pesto Sauce\$6.50
- Italiano:** Pesto Chicken, Roaster Pepper, Fresh Mozzarella, Italian Herbs\$6.50
- Crab or Shrimp Cake:** Spinach, Roaster Pepper, Pepper Jack Cheese, Russian Dressing\$6.50
- Meatless:** Fresh Mozzarella, Tomato, Spinach, with Pesto or Sun Dried Tomato Spread\$5.95
- Italian Prosciutto with Pesto Cream Cheese, Provolone, Sun Dried Tomatoes and Artichoke Hearts\$7.25
- Canadian Club:** Cracked Peppermill Turkey, Canadian Bacon, Pepper Jack Cheese, lettuce, Sun Dried Tomatoes and olive oil\$6.50



Made To Order Pastas

Pasta made your way within minutes. Choose from our selection of daily sauces and extra ingredients and we'll prepare it for you in our exposed kitchen.

Fresh Flowers

Domestic and imported flowers available to brighten your day.

Catering

Do you have an event you need catered? Give us a call and we can take care of it.

Grilled Chicken

Plain, Breaded, Pesto, Cajun, Barbecue, Lemon, Honey Mustard, Teriyaki\$9.99/lb.



Welcome to



44 WHITNEY AVENUE
NEW HAVEN, CT 06510
TEL: 203-776-0400
FAX: 203-782-9828

OPEN 24 HOURS A DAY
7 DAYS A WEEK

NEW!!!

We now offer High-Speed Wireless Internet!



Breakfast (Served all times)

★ Flavored Coffees, Espresso and Cappuccino available daily.

Gourmet Heaven #1: Two Eggs, Bacon or Ham, Short Stack of Pancakes or French Toast, Home Fries and Toast\$6.50

Gourmet Heaven #2: Two Eggs, Bacon or Ham, Croissant and Fruit Salad\$4.95

Egg Sandwich

Two Eggs on Roll, English Muffin or Bagel\$1.75
Two Eggs with Bacon and Cheese\$2.85
Western Omelette\$4.00

Omelette

Three egg omelettes served with home fries and toast

- Cheese Omelette, any kind of Cheese\$4.95
- Western Omelette with Ham, Onion and Pepper ..\$5.95
- Veggie Omelette with broccoli, mushroom, tomato, onion and pepper\$5.95
- Florentine Omelette with spinach, tomato and feta cheese\$5.95
- Avocado Omelette with onion, pepper, tomato and cheese\$5.95
- Light Omelette with egg whites, pepper, tomato and onion\$5.45
- Spanish Omelette with pepper, onion, mushroom in spicy marinara sauce\$5.95
- Lox Omelette with smoked salmon and onion ...\$6.95

Bagels (Toasted \$0.25 extra)

Plain\$0.80
Buttered\$0.80
Plain Cream Cheese\$1.75
Flavored Cream Cheese\$2.00
With Smoked Salmon, Tomato and Onion\$6.45

Extra Meat\$1.00
Extra Cheese\$0.50
Extra Vegetables.\$0.50

Cold Cut Assortment

*We only use Boar's Head products

	Sandwich	Cold Cut (per pound)
1. Boars Head Ham	\$4.50	\$8.99
2. Black Forest Ham	\$4.50	\$8.99
3. Smoked Virginia Ham	\$4.50	\$8.99
4. Cappy Ham	\$4.50	\$8.99
5. Honey Baked Ham	\$4.50	\$8.99
6. Rosemary Ham	\$4.50	\$8.99
7. Roast Beef	\$4.50	\$8.99
8. Corned Beef	\$4.50	\$8.99
9. Pastrami	\$4.50	\$8.99
10. Turkey Breast	\$4.50	\$8.99
11. Low Sodium Turkey Breast	\$4.50	\$8.99
12. Smoked Turkey Breast	\$4.50	\$8.99
13. Honey Baked Turkey	\$4.50	\$8.99
14. Peppermill Turkey	\$4.50	\$8.99
15. Sausalito Turkey	\$4.50	\$8.99
16. Genoa Salami	\$4.50	\$8.99
17. Hard Salami	\$4.50	\$8.99
18. Oven Roasted Chicken Breast	\$4.50	\$8.99
19. Smoked Chicken Breast	\$4.50	\$8.99
20. Blazing Buffalo Chicken Breast	\$4.50	\$8.99
21. Barbeque Chicken Breast	\$4.50	\$8.99
22. Cajun Chicken Breast	\$4.50	\$8.99
23. Bologna	\$3.95	\$8.99
24. Pepperoni	\$3.95	\$8.99
25. Prosciutto (Domestic)	\$4.95*	\$16.99
26. Prosciutto (Imported)	\$5.95*	\$20.99
27. Liverwurst	\$3.95	\$8.99
28. Sappressata (Hot)	\$4.75	\$10.99
29. Mortadella	\$4.25	\$8.99
30. Low Sodium Bologna	\$4.50	\$8.99
31. Low Sodium Liverwurst	\$4.50	\$8.99
32. Low Sodium Ham	\$4.50	\$8.99
33. Pesto Ham	\$4.50	\$8.99
34. Italian Roast Beef	\$4.75	\$8.99

Cheeses

American	\$3.75	\$6.99
Swiss, Muenster, Provolone, Havarti, Pepper Jack, Alpine Lace (Low Sodium, Low Fat), Cheddar, Smoked Gouda	\$3.75	\$6.99
Brie and Fresh Mozzarella	\$4.50	\$7.99
Super Sharp American Cheese, Low Sodium American Cheese	\$4.00	\$6.99

Salad Sandwiches

	Sandwich	Per pound
Tuna Salad	\$4.50	\$5.99
Vegetable Tuna Salad	\$4.50	\$5.99
Smoked Tuna Salad	\$4.50	\$5.99
Chicken Salad	\$4.50	\$5.99
Dill Chicken Salad	\$4.50	\$5.99
Egg Salad	\$4.50	\$5.99

Extras

Hero or Wrap\$0.75
Lettuce\$0.25
Cheese\$0.50
Mozzarella\$1.00
Brie\$1.00
Sun-Dried Tomato\$0.50
Basil\$0.50
Cucumbers\$0.50
Hot Peppers/Sweet Peppers\$0.50
Roasted Peppers\$0.50
Avocado\$1.00
Grilled Mushrooms\$0.50
Tomato\$0.25
Low Carb Wrap\$1.00
Grilling\$0.25
Wheat Panini\$0.25
Spread\$0.25

Specialty Wraps

(Different combinations available weekly and upon request)

1. **Gourmet Heaven Special:** Smoked Turkey, Brie, Green Apples, Honey Mustard\$6.75
2. **Grilled Chicken Caesar:** Romaine, Tomatoes, Roasted Peppers, Parmesan Cheese & Creamy Caesar Dressing\$6.75
3. **New Haven:** Chicken Breast, Avocado, Lettuce, Tomato, Russian Dressing\$6.50
4. **Turkey B.L.T:** Turkey Breast, Plum Tomato, Lettuce, Crispy Bacon\$6.50
5. **California Turkey:** Roasted Turkey Breast, Roasted Peppers, Horseradish & Baby Spinach\$6.50
6. **Italian Combo:** Genoa Salami, Pepperoni, Mortadella, Provolone Cheese, Lettuce, Tomatoes, Roasted Peppers\$6.95
7. **Vegetarian Special:** Roasted Vegetables, Sun dried Tomato Spread\$6.50
8. Fresh Mozzarella, Avocado, Tomato, Basil, Roasted Peppers\$6.50
9. Hummus, Lettuce, Tomato, Cucumber, Onions ...\$5.95
10. Grilled Chicken, Fresh Mozzarella, Spinach Portabella Mushrooms, Onion, Roasted Pepper, Oil & Vinegar\$6.95
11. Fresh Turkey Breast with Swiss Cheese, Cole Slaw, Tomato, Russian Dressing\$6.50
.....Low Carb \$2.25 extra

Burgers

Plain Turkey Burger\$4.50
BBQ Turkey Burger\$4.50
Cajun Turkey Burger\$4.50

BeefBurgers:

Old Fashion: Cheese Burger\$4.50

Double Cheese: Double Cheese Burgers with Bacon, Onions, Coleslaw and Potato Chips\$6.25

Crab Cake, Shrimp Cake, Vegetable Burger\$4.00 each

Washington Specials

Old Smokey: Black Forest Ham with Red Delicious Apples, Gruyere Cheese and honey mustard on sub roll ...\$6.50

Waldorf: Honey Turkey with Red Delicious Apples, Bananas and honey mustard on Seven grain bread \$6.25

Sweetness: Honey Ham with Lacy Swiss cheese, Red Delicious Apples and honey mustard on sub roll ...\$6.50

Isaac Newton's Delight: Oven Gold Turkey Breast with Green Apples, cranberry relish on Seven grain bread \$6.50

Boars Head Rosemary Ham with Lacy Swiss cheese, Red Delicious Apples on Raisin Nut Bread\$6.50

B.B.Q Chicken Smoked Golden, onions, lettuce, tomatoes on a wrap\$6.95

